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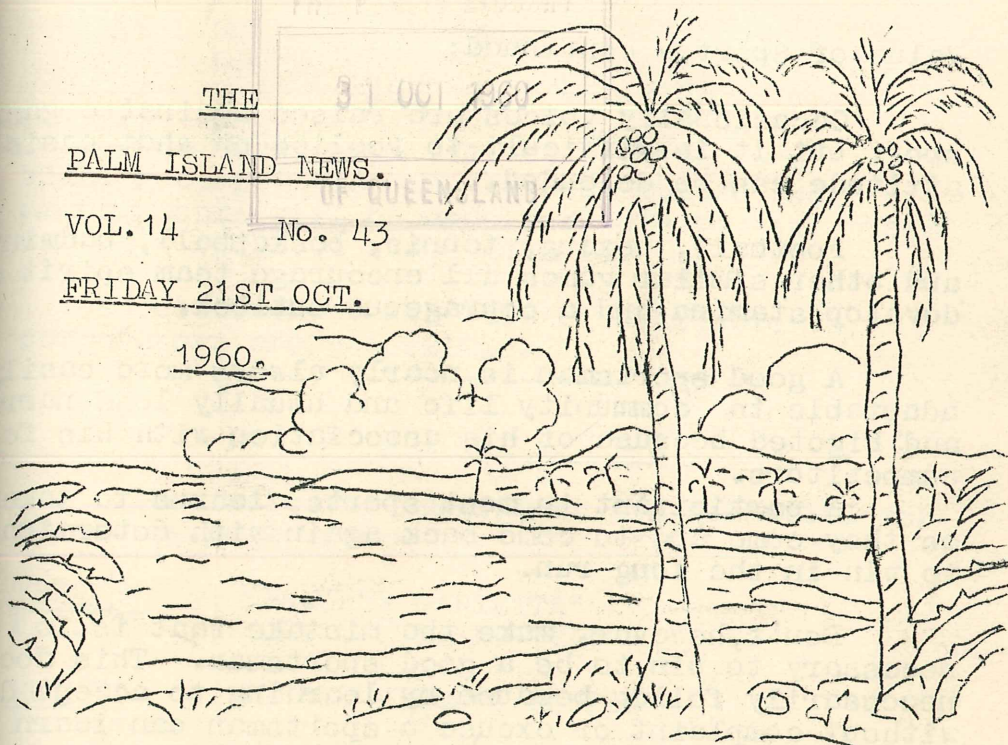
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VALUE OF SPORT.

All sane, clear thinking people realise the value to the individual and to the community of sporting activities.

A clear mind in a healthy body gives any young person a good start in life and to the not so young it gives a feeling of well being which is of great value to the individual.

However, a sport should not become an obsession, where it dominates the life of the person involved to the detriment of himself or his family.

The Department of Native Affairs has always sponsored the sporting activities on the settlements because it realises that these activities bring together young people in healthy competition and under organised supervision.

Value of Sport - continued:

Occasionally voices are raised against organised sport but it is difficult to realise on what basis this attitude can be defended.

Football, boxing, tennis, basketball, badminton and other similar games all encourage team spirit and develop stamina and a courageous outlook.

A good sportsman is nearly always more easily adaptable to community life and usually less narrow and bigoted because of his association with his fellow competitors.

A participant in most sports, learns to take bumps as they come and to come back again with determination to win in the long run.

Don't, however, make the mistake that it is necessary to win to be a good sportsman. This does not necessarily follow because by learning to accept defeat without complaint or excuse a sportsman can learn to develop into a "good" sportsman.

Be suspicious of the person who runs down sport as a whole - there is usually something wanting in his or her character. Some sports such as horse racing receive a fair amount of criticism because of the gambling element arising from it and no attempt is made here to defend this aspect.

This article is intended to refer to participant sports, where the individuals concerned are actively engaged in the sport - pitting themselves against each other in friendly competition.

The administration most strongly urges the young people of the settlement to join in the sporting life of the settlement and will make every effort to have this accomplished.

Young people should contact the Youth Club Organiser and join in the general activities.
